

www.AnnaWinstanley.art

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PROFILE & PERSONAL STATEMENT

I've worked as a freelance commercial artist and designer with creative involvement in a broad variety of commissions, collaborations and projects over many years; in London, Sydney & Melbourne, ('86-'90), Paris, ('91-'94) and Auckland & Thames, New Zealand ('95-'06). I was born in the UK, but lived away for 17 years.

I've been a teacher and workshops facilitator in schools, pre-schools and community groups since 1998. (References and portfolio available)

I had an ambition to create an Adult-Playground based on NZ Play-centre. The intention was altruistic for parents. I think children have a lot to teach adults and play can teach us all. The idea of improving relationships via sensual enjoyment and learning through play has been a theme for me. Business studies and personal herstory led me to learn about sex, relationships, mental health and the environment.

I respect animals & nature enormously and politically. Facilitating and collaborating with others to observe, learn, appreciate, be inspired by, and support ecology, (gently, creatively, scientifically and emotionally) is probably my vocation, along with connecting people and projects.

Illness has interrupted my career somewhat but opened new doors. I've become involved with Arts, Health and Wellbeing networks and organisations, most recently Social Prescribing (as a recipient and facilitator) and Graphic Medicine, that is, arts and nature for health.

I've studied comics, museum education, environmental arts-therapy and Jungian & Tarot archetypes. I enjoy learning, history, science, natural environments, symbols, provocative art, yoga, films, music and stories.

I paint stylised animal portraits and have been making my first graphic novel, which is about the impact of lust, since 2015. I'm not sure what's next now I'm 60, but I draw therapeutic art & comics and it feels a good fit?

EDUCATION & QUALIFICATIONS

B.A Textile Design - Central-St Martin's School of Art, (Print & Weave, Fashion & Furnishings), London 1985

PGCE Diploma Teaching secondary-school Art (+ Fabric-Technology & Health) Auckland College of Education (NZ), 1996 and 2004

NZ Playcentre Association, Child-initiated preschool learning, Level 2. Waikato County (NZ) 1998

NLP practitioner training (Neuro Linguistic Programming) & Time Line Therapy, Mackay NLP solutions, London 2008

Horticulture City & Guilds Level 2 - Capel Manor, London 2009

Certificate of Psycho-Sexual Health - The Centre for Psycho Sexual Health, (150 hours) 2010

Counselling Skills Level 3 CPCAB (Counselling and Psychotherapy Central Awarding Body) City & Islington College, London 2015

SCHOOLING ... Kingsway-Princeton College, Parliament Hill Girls School, King Alfreds School, London. A' and O' levels - Art, Printmaking, Design, Pottery, English, Maths, Biology, History, French

CONTINUING PROFESSIONAL DEVELOPMENT (CPD)

Men, Intimacy & Shame, part 1 - James Hawkes, online, January 2022

Engage (charity for promoting engagement and participation in the visual arts) Conference - Unlocking culture: an entitlement for children and young people, Newcastle 2019

Evolving the Forest Symposium - art.earth, Dartington Hall, Schumacher College, 2019

Thrive (using gardening to change lives) Learning Outcome Measurements – demonstrate your impact, London, 2019

Imago Relationship Therapy Module 1 - Sophie Slade Imago trainer, London 2013

Laughter Yoga Leader training - Lotte Mikkelson, United Mind, London 2013

Family Genograms (using family constellations to understand clients) - Stress Project, London 2011

Schools and Family Learning - Science in Botanical Gardens, Kew, London 2009

Business & Intellectual Property for start-ups - Centa Business Services, London 2008

Psycho-Sexual Studies - Birkbeck University, (20 hours) 2007

Human Development - Massey University (NZ) 1999

Safeguarding Children & vulnerable adults 2012, **Sexual Harrassment** officer, **SEN** Awareness (Special Educational Needs) 2005, **Advanced DBS** clearance & **Paediatric First Aid**, 2017

CURRENT & PRIOR EMPLOYMENT

Amanuensis / Scribe working remotely, online, November 2020 - present. Specialising in sex & disability and therapeutic arts. I've had two clients with complex needs. This role involves me using my hands when my client cannot due to being disabled. The work has involved transcribing dictation, project-management, creating editorial content for workshop presentations, practical and emotional support, creating artworks, research, networking, therapy and supervision. It is hugely interesting work and I have developed my understanding of disability intersections and graphic medicine. (references available upon request)

Workshops Facilitator - CSKX Studios Sense & Memory Project, Camden, London. June - August 2019... I was the invited artist to work on the sense SMELL in a collaborative, intergenerational community project making drawings inspired by smell and 3D 'critter' sculptures, with Gospel Oak Primary School, Kentish Town City-Farm and Free Space Project, for a group exhibition of art based on all 5 senses, held at Greenwood Social Care & Health Centre NW5. I am now on the CSKX Board of Trustees. Contact / referee Leo Smith, leo@cskx.org

Family Theatre-Show Coordinator - The Cockpit, Marylebone, London.

February 2014 - December 2019... The Cockpit is a fringe theatre owned by City of Westminster College. I was first employed there to assist with an 'Arts in Health' forum as the Cockpit manager knew me to be a people-person with a strong interest in mental health, diverse communities, and the arts. I later coordinated Children & Family events and ran theatre-arts related crafts workshops, building the children & family theatre programme up from scratch. As part of my work I had to source appropriate shows within budget, understand the organisation structure and teamwork, attract and involve local audiences, network and raise awareness of our family activities online. Contact / referee;- David Wybrow, dave@thecockpit.org.uk

Nature Keepers - I co-coordinated a Nature, Arts & Education project of events, in parks and with community groups around Church Street, NW8, February - December 2019, with a fellow Social Artist. We successfully conceptualised, sourced funding, attracted local social-engagement, community outreach and a summer, intergenerational festival of activities in collaboration with The Cockpit theatre and the London National Parks City Festival. Contact / referee;- daylite7@hotmail.com

Workshops Facilitator The Calthorpe Community Gardens Project, June - November 2018, Gray's Inn Road, London WC1X

I facilitated up-cycled garden sign-making workshops. This involved collaboration to prepare enjoyable, accessible, inviting and practical classes and activities for volunteers at the Gardens. I never knew who would come on the day, their age, experience, needs or interests. We used old palettes, prepared wood, made stencils then spray-painted directional signs. Contact/ referee;- Rokiah Yamen, info@communitybydesign.co.uk

Clerk and Archivist, (The London Architectural Salvage and Supply company) March 2014 – November 2016, Brunswick House, London, SW8

Part-time administrator; filing, data-entry, communications, researching and archiving of historic documents and reference material for the creation of a series of booklets on the history of Lasso. Contact / referee; - Stefan Loret, projects@Lassco.co.uk

Family Events & Activities Research & Data-collation, Kiddadl (formerly Pareapp) April - July 2015. Westminster Bridge Road · London, SE1

My job was to research family-friendly Science, Nature & Arts activities, access and contacts information and motivate subscribers, at the development stage of an inspirational parenting app. Contact referee;- Sophie Orman, sophie@kidadl.com

Environmental Education, 2009 - 2011. I interned at **Royal Botanical Gardens Kew**, (which was completely wonderful. I learned so much and was re-inspired to draw flowers and plants) and was trained as part of the Kew Gardens teaching pool. I freelanced teaching at **The Garden Classroom**, Islington, and **The London Wildlife Trust**, Camden.

Teaching Assistant, Brookfield School, Camden, London, N19. 2008. Year 4 general classroom and junior-playground duties and running after-school arts clubs.